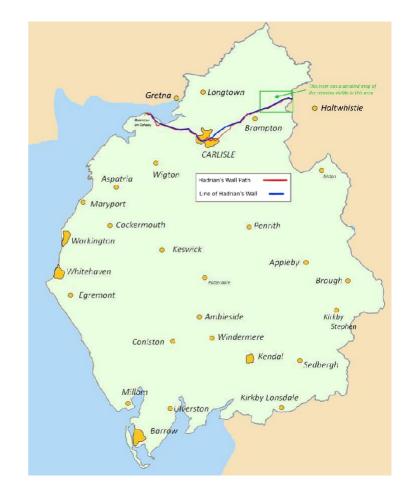
APPENDIX 3 HADRIAN'S WALL PATH

In the west, the trail begins at Bowness-on-Solway, crosses the Solway marshes (where defence against raiders fording the estuary at low tide was necessary, and then follows the south bank of the river Eden to Carlisle.

"[The frontier defences continued down the coast with milefortlets and towers, since the coast was exposed to attack across the shallow waters of the Solway.]"

At Willowholme in Carlisle, the wall took a direct line across a bridge ¹ to the fort at Stanwix. The HW Path however continues along the south bank of the river , through the city, then crossing the river to Rickerby, Linstock and Low Crosby.



By this latter stage, the path is now over 1 km to the south of the wall. The path then turns north and joins the line of the wall at NY453608, about 1.5 km (1 mile) east of Walby. From here it takes field paths and roads, along or adjacent to the wall most of the way to Gilsland. East of Walton after 3.8 km (2.3 mile), the first visible sign of Roman masonry, ² Hare Hill, is reached (NY546646), after which there are many remains for the rest of route to the Northumberland border.

For specific detail, J. Collingwood Bruce wrote a Handbook in1863, based on his work, *Roman Wall*,(1851). Specific facts given below are based on the 13th edition, still current. ³. In general he gave copious citations of articles, mainly in the Transactions of the Cumberland and Westmoreland Archaeological and Antiquarian Society, but without specific points of reference. Where these have been used in this article, the reference CBr and page number are quoted. As this article is directed at the Trail rather than the wall, these references have not been checked.

A useful work describing the wall's features and how to access them is by G. de la Bédoyère. ⁴ This does not attempt to be a full Trail guide of which there many competing authors since the designation of the Trail. Equally useful as a background guide to the countryside through which the Wall is passing is M.McCarthy ⁵. The National Trails Website is also useful.⁶

Note: that unless specifically stated otherwise, there are no visible Roman remains at the places mentioned.

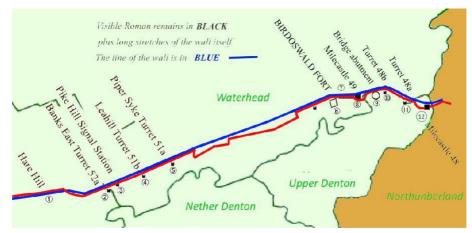
- 3 J. Collingwood Bruce, Handbook to the Roman Wall, Harold Hill, Newcastle-upon-Tyne,
- 1978 (Thirteenth edition revised First published 1863)
- 4 G. de la Bédoyère, Hadrian's Wall History and Guide, Amberley, Stroud, 2010

¹ The bridge ruins were still visible until C16 [Camden, cited by CBr, p.244]

² CB cites that the core is original but faced with C19 preservation work. He states that this is the highest piece of wall.

⁵ M.McCarthy, Roman Carlisle & the Lands of the Solway, Tempus, Stroud, 2002

^{6 &}quot;National Trails: Hadrian's Wall". *The National Trails Website*. Natural England. Retrieved 10 April 2010.



Map showing location of visible Roman remains

Images of the visible remains are available on this link [Appendix 4]