

Historical versions of the placename of the township of Ulpha

Spelling	Date	Source
<i>Wolfhou</i>	1279	Ass (p)
<i>Ulfhou</i>	1337	Ipm
<i>Ulpho</i>	1449	AD iv
<i>Ulpha</i>	1625	CW (OS) iii
<i>Ulphay</i>	1638	PR (Millom)
<i>Ulfay</i>	1646	<i>LowtherW</i>
<i>Ulpha or Ouffa</i>	1777	NB
<i>Uffay</i>	1695	M

The abbreviations for the sources are explained in the List of [Abbreviations for Historic Placename Sources](#)