Historical versions of the placename of the township of Lower Allithwaite

Spelling	Date	Source
Hailiuethait	1162-90	FC II. (orig.),
Aliuthwait	1200-20	FC II.
Alefthuayth	1225-45	LPD II. 192
Alithwait	1327	LS
Alyutwait	1332	LS

The abbreviations for the sources are explained in the List of <u>Abbreviations for</u> <u>Historic Placename Sources</u>