

Historical versions of the placename of the township of Helsington

Spelling	Date	Source
<i>Hehinetune</i>	1086	DB
<i>Helsington', -yng-</i>	1187-1200	Kend ii, 115
	1190-1210	ib i, 3
	1200-20	Cockers
	1246	Kend i, 132
	1247	Lanc
	1272, 1283	Ipm
	1294	Abbr
<i>et passim to</i>	1823	M
<i>Helsington, -yn-</i>	1246, 1274	Ipm,
	1333, 1472, 1475	Pat
	1195-1199	P (p) (<i>freq</i>)
<i>Heselington'</i>	1256	Ass 12 (p)
	1200, 1201	P (p)
<i>Haselington"</i>	1292	Ass 3
<i>Elsington</i>	1542	RichWill
	1345	Cl
<i>Hilsyngton</i>	1519	NCWills
<i>Henston</i>	1577	Harrison 66b
	1653	FF

The abbreviations for the sources are explained in the List of [Abbreviations for Historic Placename Sources](#)