Historical versions of the placename of the township of Barrow in Furness

Spelling	Date	Source
Barrai	1190, 1191-8	FC
Barray,	1292, 1336	FC, FC II.
Insula de Oldebarrey,Barrahed,		
Barrahaw	1537	LR
Old barro Insula,		
Barrohead	1577	Saxton

Barrow was originally the name of a small island, later
called Old Barrow, and later joined with the mainland. The island gave name
to the town of Barrow-in-Furness, which is chiefly on the mainland.

The abbreviations for the sources are explained in the List of Abbreviations for Historic Placename Sources